

Christodora Contact Person:

Cristal Lodge 347-319-0943 (primary contact) or
Judy Rivkin 917-620-1615 (secondary contact on the day of the event)

Meeting Time: 9am MUST be on time, and must get their on your own.

Click on the links below for directions.

Meeting Location: [Concrete Plant Park](#)

Ending Location: [Soundview Park](#)

Approximate Arrival Time at Soundview: 12pm

****Participants will need to be picked up at Soundview Park or travel home on their own.****

To Bring:

- All participants must have 3 waivers signed (adult OR minor ACA paddling waiver, REI Release of Liability, and Christodora New Youth Conservationist Permission Form)
- We encourage all to bring a light snack and reusable water bottle; we will bring 24 Poland spring water bottles -- but, in the spirit of the day let's encourage the use of reusable bottles
- There will be limited shading in this part of the river and we ask participants to bring sunscreen, bug repellent, hats and a comfortable change of clothing, including a spare pair of shoes and a garbage bag. It's a good idea to bring a ziplock bag for your wallet, purse, and your cell phone.
- There will be a lunch organized by REI at the end location of Soundview Park
- We will have a limited number of dry bags, so bring minimal belongings
- Bathroom facilities are available at limited points along the river.

To Wear:

- This activity may get a little dirty. The Bronx River Alliance will provide gloves and grabbers; however, bring a change of clothes just in case.
- As there is always the possibility of getting wet, muddy, or wet and muddy, we require close toed shoes that have attachment to the foot (NO – slip on shoes or sandals) as this will protect their feet when getting in and out of the boats. You will want to bring closed toed shoes you don't mind getting muddy or wet. A second pair of shoes to be dry may be a good idea.
- The Bronx River Alliance recommends lightweight pants (jogging pants) or shorts of nylon or similar quick drying material and a light jacket or rain jacket, if the weather is questionable. Glasses wearers should purchase or have cords so that if their glasses fall off, they will not lose them. These can be found at pharmacies, optometrists, or sporting goods stores. Please note, jeans and sweats hold a lot of water and take a long time to dry, which can be a recipe for hypothermia.

The Bronx River Alliance will provide canoes, paddles, lifejackets, and a short lesson before going out on water. You are responsible for all of the equipment that they lend you for the trip.